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GO KUDOS TO OUR TRAINER OF THE QUARTER

Allessyn Moore

Audio wave forms have long been known to have powerful effects on human behavior. The Hemi-Sync® process makes use of this phenomenon through the intervention of contemporary technology.

Allessyn Moore, this Winter's GO Trainer of the Quarter is as adept at evoking the power of ancient sound techniques as she is in her utilization of Hemi-Sync.

Allessyn has trained over 40 people through the *Excursion Workshop*.

She also offers workshops in Overtone Chanting, and in Sound Meditation including the use of Tibetan Singing bowls, Tibetan cymbals and the Balinese Gamelen, a chime instrument.

A veteran of the theater, Allessyn received a BSS in Theatre from Northwestern University and has since then acted, stage managed, directed and taught acting in New York City, her adopted home town. Needless to say, she is comfortable and effective as a presenter, a skill she uses in demonstrating Hemi-Sync at Michael Hutchison's Megabrain workshops (see BREAKTHROUGH, Winter, 1988) when he offers them in the Big Apple.

The population of New York City notwithstanding, Allessyn has provided hundreds of people the opportunity to experience Hemi-Sync first hand. Her interest and expertise in Hemi-Sync and other consciousness enhancing tools springs from her intense commitment to human growth and development. Her years of experience have strengthened that commitment and honed to a fine edge her ability to enliven and affirm those she touches.

We are fortunate to have you as a Trainer in the *Gateway Outreach* program, Allessyn. Congratulations on being this quarter's GO Trainer!

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